

ANCIENT BATZ SAFETY

Don't Go It Alone

Bring a friend

Headphones out

> Don't use them. It will block your ability to hear someone coming up behind you

Be aware of your surroundings

> Don't be digging through a bag or pocket. Always pay attention

Head on swivel

- > Look around you. Don't be starring at your phone the whole time
- Bring a spare battery and cable for your phone
- If you have pepper spray, carry it.
- If you have a pocket knife, carry it.
- Carry your keys so that the keys are sticking between your fingers.

If something does happen, which please I hope does not. SCREAM. KICK. PUNCH. A lot of us have finger nails, go for the eyes.

As Gracie Hart taught us: SING

S: Solar Plexus

I: Instep

N: Nose

G: Groin

If you look like you are not paying attention to what is going on you are a bigger target. If you are looking around and paying attention to what is going on the bad people will move on.

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